



Lunch Menu – January 2018

Week 1 & 3

		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Rice Option A+B+C = RM6.30 B+C (Vegetarian) = RM4.30	A (pick one)	Sweet and sour chicken Chicken Lobak Fish curry	BBQ chicken Lemon sauce fish Stuffed squid	Chicken curry Shrimp paste fried chicken Fish Soup	Lemon chicken Chicken Paprik Ikan Tiga Rasa	Ayam Masak Merah Lemon Chicken Prawn fritters
	B (pick one)	Stir fry broccoli & carrot Deep fried kangkong	Steamed corn Garlic french beans	Sauteed cabbage Nyonya veggie curry	Acar (pickled veggies) Stir fry bok choy	Brinjal Sauteed pumpkin
	C (pick one)	Omelette Spring roll	Scrambled egg with glass noodle Steamed silky tofu with dark sauce	Tempeh Hardboiled egg	Japanese claypot tofu Tomato scrambled egg	Tofu in Thai chilli sauce Braised potato & mushroom
From the Wok (RM4.30)				Koay Teow Soup		Char Hor Fun
Western (RM7.30)		Chicken meatball spaghetti	Grilled chicken with mashed potato and coleslaw		Fish and chips	



Lunch Menu – January 2018

Week 2 & 4

		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Rice Option</u> A+B+C = RM6.30 B+C (Vegetarian) = RM4.30	A (pick one)	Fried chicken Assam fish Chicken Kapitan	Soy sauce chicken Steamed fish Ayam Penyet	Chicken rendang Tempura batter fish fillet Chicken with salad sauce	Ayam percik Nestum chicken Tau cheong fish	Roast chicken Indian fish curry Kunyit chicken
	B (pick one)	Stir fry cabbage Kerabu salad	Spinach Braised mixed veggies (Loh Hon Chai)	Assorted mushrooms Stir fry sawi	Cauliflower & carrots Okra	Long beans with eggs Stir fry yam bean
	C (pick one)	Egg kurma	Steamed egg Sambal potato wedges	Baked beans eggs Potato and lentils curry	Sunny side up Braised tofu	Vegetable fritter Potato curry
<u>From the Wok (RM4.30)</u>		Wan Tan Mee		Cantonese Yee Mee		Fried noodles with sunny side up
<u>Western (RM7.30)</u>			BBQ Chicken burger with wedges and salad		Chicken chop with fries and corn	