



Dear Parents,

The school wishes to make some further clarifications, and some small changes, to school policy that affects children. Please see below. We would appreciate your assistance.

Uniform

Effective Monday 30th May at the latest

Physical Education

- For hygiene reasons, Years 5 to 11 should wear their full school uniform each day, apart from their house T shirts on Friday. PE kits should be brought separately and changed into for PE lessons, changing back into their full school uniform at the end. We now have changing facilities akin to other international schools and this is a normal way for schools to run. If children feel they are hot afterwards, please simply bring a small flannel to help dry themselves off and/or wear a plain white undershirt/vest
- For students in Year 4 and below, who take longer to change, guidance shall be given by the class teacher and PE kits can be worn to school.
- A reminder, please, that the proper PE uniform should be worn. This specifically refers to shorts and tracksuit trousers, which should be those available from the uniform store.
- Hats **always** need to be worn and again, should be those available at the school.

Jewellery

- As stated within the existing policy, girls are allowed to wear discreet stud earrings. This shall be expanded to allow boys, also.
- Discreet stud earrings are understated and prudent. They are one set only and should be small, rather than larger. No hoops are allowed, and all jewellery, including earrings, must be removed for PE and games, including during activities and inter school matches.
- No other jewellery is allowed, including bands, bracelets, rings or necklaces. There is one exception, and that is for necklaces reflecting religious orientation. In such a case, they should be worn and not seen.

Shoes

- All shoes should be black, **in their entirety**. Please find the attached guidance, which was provided last year.

Non Mifi, Non Tibi, Sed Nobis



GUIDELINES FOR SCHOOL SHOES

Nursery to Year 2

You must be able to polish all shoes. Canvas shoes cannot be polished and therefore are not permitted. Footwear at this level can be Velcro type if required, due to the young age of the students. Formal shoes may also be worn, if that is your wish. Formal shoes are typically leather, with a firm heel cup and leather sole. (See the shoes for older students). All shoes must be completely black.



Year 3 to Year 11

You must be able to polish all shoes. Canvas shoes and sneakers are not permitted. Footwear should now become more formal. Formal shoes are typically leather, with a firm heel cup and leather sole.



Other matters

- If students have hair longer than their chin, it should be tied back.

School Food Policy

Effective immediately.

SIS operates a no outside food policy. This is due to the ever growing allergy list at the school. Therefore, no birthday cakes or food are allowed to be consumed by students on premises, or given to others. This measure is enacted to keep children safe.

Only those children with severe dietary requirements, or religious needs, are allowed to bring packed lunches on site. These must first be cleared by administration of the school, who should be contacted beforehand.

Non Mifi, Non Tibi, Sed Nobis



亲爱的家长

学校希望重述并澄清某些学校校规，并且告知校规微调部分。我们希望您们与我们的合作。

校服

规章生效日：5月31日

体育

- 5 年级至 11 年纪的学生都必须从星期一到星期四穿着正式校服，星期五穿着队服（house T 恤）。每当有体育节时，学生需要另外携带他们的运动服，然后在体育节之前更换。体育节过后，学生必须换回校服 / 队服（house T 恤）。新校园已经预备了更衣室，让学生们可以方便更换衣服。学生亦可多带毛巾，或者在穿着校服前多加一件白色背心以保持卫生，这也是国际学校间通用的做法。
- 4 年级以下的学生，可以从家里穿他们的运动服到学校。这是由于他们的年龄还小，而更衣时间会需较长。
- 学生只可以穿从学校买的运动服，以及运动裤。
- 每当体育课时，学生**必需**戴上帽子，而帽子一定要是从学校买的。

首饰

- 正如学校手册规定，学校允许女学生穿戴简易耳钉，这规章也涵盖男学生。
- 耳钉必须低调与保守。学生只可以穿戴一对耳钉。耳钉必须微小，不可以是圆形耳扣。每当体育课、户外活动或者校际比赛时，学生必须脱掉所有的首饰包括耳钉。
- 学生不被允许在学校穿上其他的首饰例如手链、戒指或项链。除非该项链是因宗教需求而佩戴。佩戴项链之学生，一定要保持其项链之隐蔽。

Non Mibi, Non Tibi, Sed Nobis



校鞋

- 校鞋必需是完全是黑色的。以下是学校去年分发的校鞋校规： -

幼儿班-2 年级

鞋子必需是黑色，可以打蜡的皮革类型。由于他们年幼，学生也可以选择穿尼龙搭扣（Velcro shoes）的鞋子。



3 年级-11 年级

校鞋是要正式类型，通常是皮革制的。学生不可以穿帆布鞋子或运动鞋，除非在体育课。



其他事项

头发超过肩膀的学生需要把头发绑起来。

食物校规

即刻生效

学校不允许学生带进来外买的食物和饮料，因为一些学生有食物过敏而这将带来过敏原在学生间的恶性循环。因此，学生不可以带生日蛋糕或食物到学校分享给其他的学生。

只有食物过敏或因为宗教原因，学生可以自行携带食物。家长需要经过学校的同意，才可以自行携带食物。

Non Mifi, Non Tibi, Sed Nobis